

Add A Little Salt For Flavor; Add A Little Light For Warmth

No, this is not a cooking tip or an old family recipe handed down through the generations. But what is handed down not only through the generations but through the centuries is living out the Gospel by adding a little "flavor". In today's world, we need to be the shining example. We are the salt of the earth and with that idea we need to bring a spiritual flavoring. Pope Francis said, "To understand better this image, we must keep in mind that Jewish law prescribed that a little bit of salt be sprinkled over every offering presented to God, as a sign of the Covenant. Light for Israel was a symbol of messianic revelation, triumph over the darkness of paganism." Through our baptism, we are the living Gospel in the world. With a holy life we will "flavor" and defend our faith. Essentially we are a luminous people who bring God's light where no light is given. In a recent homily, the Pope posed this question: "what must a Christian do in order for the salt not to run out, so that the oil to light the lamp does not come to an end?" To summarize his answer: prayer that comes from the heart. **We need to give our self to everyone. We need to help everyone.** We give flavor to the lives of others. Salt is something to be used and not to be kept for oneself. During biblical times, salt was a precious commodity. It gave flavor and zest to food and it served as an important preservative. As we all know, salt makes us thirst for something more. Just as Jesus instructed his apostles, so does He ask us the very same things: to give flavor and zest to the world through His teachings; to preserve the truth as He proclaimed it and to make the world thirst for more. Our light will shine bright for all to see through our flavor, our zest and our preservation. -Sherrie Clutts DRE

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