



VOLUNTEERS NEEDED FOR MEALS ON WHEELS

The Meals on Wheels program needs friendly, compassionate volunteers to help deliver meals to homebound seniors in the counties of Grand Traverse and Leelanau. Our volunteers deliver more than just meals. We bring a friendly caring companion to our seniors and peace of mind for their families.

We deliver meals 5 days per week. Most of our volunteers choose 1 day to deliver. If you have two hours to spare one day a week, you can make a difference. Volunteers go through a two-fold training process before they are asked to deliver a route by themselves. First, staff meets with them to go over the policies contained in the Volunteer Training Manual. Special attention is given to emergency training, client referral, and code of ethics, delivery procedures and record keeping. Secondly, a staff member will take them on the route they are to train on. They are met at the kitchen and checked to make sure they have everything right. Maps, directions and specific instructions are provided.

Contact: **David Hagen (231) 346-2110** (For Leelanau or Grand Traverse Counties) or email at; dhagen@nmcaa.net

Background check required

******We currently have openings on Mondays, Tuesdays, Wednesdays and Fridays in town. We can utilize volunteers on a short term basis, as a substitute fill in driver, or as a regular driver every week.**

