

Every Stumble Makes Me Humble

Humility can be a difficult quality. But yet it is a characteristic that Jesus requires we have. So what does humility look like? Misconceptions about being humble can sometimes stand in the way of leading a fully Christian life. Humility does not mean thinking badly of yourself, or trying to hide your achievements. Actually, quite the opposite is true. God wants us to be happy with ourselves and all that we accomplishment. It is through this happiness that we can be the shining examples that God wants us to be to other people. When we put into practice humility, we acknowledge God as the source of all that is good. God is the source of the wonderful blessings that we receive. A humble person will defer glory and credit to God. Humility extends to hard events in life, too. Knowing God will not let you down or leave you is a result of being humble. The strength we need in order to press on, does not come from ourselves. Another part of humility is being thankful for everything we have and don't have. We humble ourselves every morning by saying to God, "Thank you for another day. And thank you for allowing me to sleep an extra half an hour." (Remember, God enjoys our sense of humor.) In the Gospel of Luke, we even see Jesus' disciples had some issues with humility. Jesus taught them the true meaning of humility by washing their feet and insisting that they must do this same thing to others. Essentially we are asked to do this as well. *"An argument started among the disciples as to which of them would be the greatest."* Luke (9:46) As far as divinity is concerned, Jesus is equal with the Father, but he humbled himself to become man, and then died on the cross for our sins. Being humble is so important that in the Beatitudes, Jesus includes both humility and meekness in His description of a mature Christian. **The Litany of Humility** O Jesus! meek and humble of heart, **Hear**

me. *From the desire of being esteemed, Deliver me, Jesus. From the desire of being loved, From the desire of being extolled, From the desire of being honored, From the desire of being praised, From the desire of being preferred to others, From the desire of being consulted, From the desire of being approved, From the fear of being humiliated, From the fear of being despised, From the fear of suffering rebukes, From the fear of being calumniated, From the fear of being forgotten, From the fear of being ridiculed, From the fear of being wronged, From the fear of being suspected, That others may be loved more than I, Jesus, grant me the grace to desire it. That others may be esteemed more than I, That, in the opinion of the world, others may increase and I may decrease, That others may be chosen and I set aside, That others may be praised and I unnoticed, That others may be preferred to me in everything, That others may become holier than I, provided that I may become as holy as I should.*

Sherrie Clutts D.R.E.